



## THE 2ND INTERNATIONAL SEMINAR OF MULTICULTURAL PSYCHOLOGY "BUILDING SUSTAINABLE COMMUNITIES LIVING"



# PROCEEDING

## International Seminar on Multicultural Psychology

Faculty of Psychology Universitas 17 Agustus 1945 Surabaya

14<sup>th</sup> - 16<sup>th</sup> of July 2023



Online From Faculty of Psychology Universitas 17 Agustus 1945 Surabaya

# **PROCEEDING**

## **The 2<sup>nd</sup> International Seminar on Multicultural Psychology**

**“BUILDING SUSTAINABLE COMMUNITIES LIVING”**

**Faculty of Psychology Universitas 17 Agustus 1945 Surabaya  
July 2023**

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## **FOREWORD**

Dr. Andik Matulesy, M.Si, Psychologist  
Head of Indonesian Psychological Association (HIMPSI)

Assalammu'alaikum Wr.Wb  
Greetings and Prosperity Om  
Swasti Astu  
Nammo Budhaya  
Greetings of Virtue  
Healthy Greetings



As an important part of implementing the Psychology Education and Services Act number 23 of 2022, cooperation between Higher Education and the Psychological Association Professional Organization is highly urgent. The collaboration includes the professional education of General Psychologists, Specialist Psychologists, and Sub- Specialist Psychologists and is equally important in improving the competence of Psychology students and graduates. In addition, disseminating information and results of studies/research from scientists and professionals in the field of psychology is an important part of improving society's psychological well-being and health.

Therefore I appreciate activity 2-nd International Seminar of Multicultural Psychology (ISMP) held by the Faculty of Psychology, Universitas 17 Agustus 1945 (UNTAG) Surabaya. This activity proves that Higher Education has a great commitment and responsibility to develop the competence of the psychology community locally, nationally, and internationally.

We hope this international seminar will run smoothly and generate new ideas for the scientific and professional development of Psychology in Indonesia, which can be implemented for the benefit of the nation and state of Indonesia.

Thankyou

## FOREWORD

Prof. Dr. Mulyanto Nugroho, MM., CMA., CPA  
Rector Universitas 17 Agustus 1945 Surabaya

The Honorable,

1. Vice Governor of East Java
2. Regent of Ngawi Regency
3. Head of Indonesian Psychological Association (HIMPSI)
4. Speakers from:
  - Universiti Pendidikan Sultan Idris Malaysia
  - Lomonosov Moscow State University Russia
  - Universitas 17 Agustus 1945 Surabaya
  - Hong Kong Psychological Society
  - Singapore Psychological Society
5. Dean of Faculty of Psychology Untag Surabaya
6. Participants International Seminar
7. Happy audience



Assalamualaikum warahmatullahi wabarakatuh,  
Shalom,  
Om Swastiastu,  
Nammo Budhaya,  
Rahayu,  
Good Morning and Peace be upon us all

Praise and gratitude to Allah SWT, we are still given health to be able to attend the 2<sup>nd</sup> International Seminar of Multicultural Psychology with the theme "***Building Sustainable Communities Living***" organized by the Faculty of Psychology Untag Surabaya.

In the midst of the development of science and technology, the demands of life continue to increase and bring us to various differences in focus and goals. Humans who are created with various differences, are still faced with various demands of differences to survive. Both cultural differences, differences in points of view and even differences in beliefs. But actually, a healthy human being is a human being who can still benefit others despite being between many differences.

Psychology as a behavioral science, is one of the fields of science that is needed to educate many people to still have a healthy mentality to be resilient to undergo various demands, changes and differences in life. The international seminar held today

is expected to be the right discussion forum to develop knowledge and bring up various ideas and efforts, for the benefit of life for others.

Today, our era has changed. An era where technological progress is very rapid. Humans benefit greatly from these advances. But on the other hand, these advances also make humans complacent with the conveniences provided. We feel it too. Prefer instant things, spend more time with the digital technology we have and become less sensitive socially and things around. Psychology should be a counterweight in the current era. Maintaining good relationships with others, providing strategies that can improve human psychological well-being in the face of this instant era. With the holding of this activity, hopefully we always remember and be able to implement our knowledge as well as possible for better survival.

Ladies and gentlemen,

On behalf of Universitas 17 Agustus 1945 Surabaya, I would like to welcome all speakers and to all participants of the International Seminar. Your contributions are invaluable. Hopefully next time we can meet directly at Merah Putih Campus, Untag Surabaya. We are waiting for your presence in the city of Heroes, the city of Surabaya which has a beautiful variety of cultures, so it will not be easy to forget.

On this occasion, I would like to thank all the committees who have worked hard for the organization of this seminar. Continue to work to contribute to the nation and the world.

Finally, I congratulate you on attending the 2<sup>nd</sup> International Seminar of Multicultural Psychology with the theme "Building Sustainable Communities Living". May God Almighty be pleased and strengthen us to continue to face all our work. That is my remarks.

Thanks.

Wabillahi taufik wal hidayah, wassalamu'alaikum wr.wb.

Om Shanti Shanti Shanti Om, Namoh Buddha, Rahayu, May God Bless us all.

## FOREWORD

Dr. Rr. Amanda Pasca Rini, M.Si, Psychologist  
Dean of  
Faculty of Psychology  
Universitas 17 Agustus 1945 Surabaya

Assalammu'alaikum Wr.Wb  
Greetings and Prosperity Om  
Swasti Astu  
Nammo Budhaya  
Greetings of Virtue  
Healthy Greetings



This 2<sup>nd</sup> International Seminar of Multicultural Psychology (ISMP) activity is a routine activity carried out by the Faculty of Psychology, Universitas 17 Agustus 1945 Surabaya. This seminar is an important part of the responsibility in the development of psychology science and profession in the national and international. As with the first ISMP activity, this activity was attended by psychology figures from various countries.

I would like to express my infinite gratitude to all the major Keynote Speakers **Dr. H. Emil Elestianto Dardak, B.Bus., M.Sc** and **H. Ony Anwar Harsono, S.T., M.H**, and the keynote speakers from various countries:

1. Dr. Anna Leybina
2. Dr. Austin Tay
3. Dr. Adrian Toh
4. Dr. rer.nat. Nurul Ain Hidayah bint Abas,

for their willingness to share knowledge and experience related to science and psychology profession.

I also express my appreciation to the invited speakers in the workshop:

1. Prof. Dr. Nurussakinah Dualay, M.Psi. , Psychologist
2. Prof. Dr. Fendy Suhariadi, M.T. , Psychologist
3. Dr. Ferry Wirawan Tedja, M.Psi
4. Drs. Asep Haerul Gani, Psychologist
5. Indra Y Kiling, MA., PH.D,

which is expected to be able to provide discourse on psychological implementation in the fields of organizational, educational, clinical and social industrial science. To the seminar participants, hopefully this activity will be a discussion space that can improve competence in the field of psychology as expected.

I also give appreciation to the entire committee who have tried hard to actualize this international seminar activity. Happy seminar and see you again in the third ISMP activity in 2025.

Thankyou

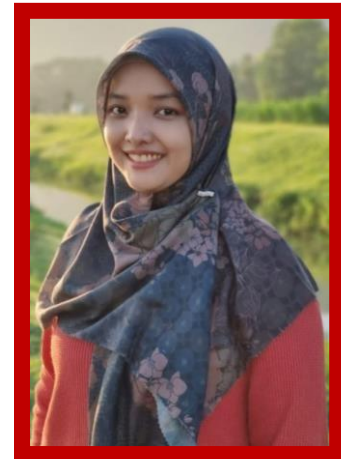


## FOREWORD

Sayidah Aulia'Ul Haque, M. Psi., Psychologist  
Chairman of ISMP 2023

Greetings,

Praise be to God for the blessing of His Grace, 2<sup>nd</sup> International Seminar of Multicultural Psychology (ISMP) can be held. I also would like to convey many thanks to the honorable:



1. Rector Universitas 17 Agustus 1945 Surabaya
2. Dean of Faculty of Psychology Universitas 17 Agustus 1945 Surabaya
3. Keynote speakers: Dr. H. Emil Elestianto Dardak, B.Bus., M.Sc., and H. Ony Anwar Harsono, S.T., M.H
4. Invited speakers:
  - a. Dr. Anna Leybina, M.Sc.Psychology, Ph.D (Lomonosov Moscow State University)
  - b. Dr. Adrian Toh (Singapore Psychological Society)
  - c. Dr. Austin Tay (Omnipsi Consulting)
  - d. Associate Prof. Dr. Rer. Nat. Nurul Ain Hidayah Binti Abas (Universiti Pendidikan Sultan Idris Malaysia)
  - e. Dr. Mamang Effendy, M. Psi (Universitas 17 Agustus 1945 Surabaya)
  - f. Dr. Bawinda Sri Lestari, M. Psi (Universitas 17 Agustus 1945 Surabaya)
  - g. Dr. Devi Puspitasari., M. Psi., Psikolog (Universitas 17 Agustus 1945 Surabaya)
5. Workshop speakers:
  - a. Prof. Dr. Fendy Suhariadi, MT., Psychologist (Universitas Airlangga Surabaya)
  - b. Prof. Dr. Nurussakinah Daulay, M. Psi., Psychologist (Universitas Islam Negeri Sumatera Utara)
  - c. Dr. Ferry Wirawan Tedja, M. Psi (CEO Samahita Wirotama)
  - d. Indra Y. Kiling, MA., Ph. D (Universitas Nusa Cendana)
  - e. Drs. Asep Haerul Gani, Psychologist (Human Capital Coach)
6. To all ISMP team members who have worked hard. I'm proud of my team. You all are really great and dedicated.

Welcome to our campus, Universitas 17 Agustus 1945 (UNTAG), Surabaya. This ISMP is the second international seminar that we held. These activities include seminars, paper presentations, scientific publication and workshops. The total is 161 people with 64 papers to be presented.

Last, I hope you can enjoy the series of events, and gain insight into sustainablecommunity living in a psychological setting. I would like to say once more on behalf ofthis seminar organizer, welcome. It is great to see so many of you here.

Best Regards,  
Sayidah Aulia'Ul Haque, M. Psi., Psychologist

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